

2/27/17

To Whom It May Concern:

Hello there! I just wanted to touch base with you to let you know the topics that we will be discussing in health class in the weeks to come with your 8<sup>th</sup> grade student. We will be back in the health classroom again on March 6<sup>th</sup>. Topics that we will be addressing are: decision making, healthy/unhealthy relationships, teen pregnancy, and STDs/STIs.

This may be a great time for you as a parent to check in with your kids on these topics. Every year I ask the question "How many of you feel comfortable talking to your parents about these topics?" Usually very few students raise their hands. That being said, knowing that the topics are being discussed at school, might create an opportunity to start a conversation at home. ☺

I will cover these standards through a variety of teaching methods including: dvds, guest speakers, textbook, discussion, role plays, online resources, and mechanical baby dolls. There will be more permission slips for you to sign as we go.

If you have any concerns or more questions please contact me.

Sincerely,

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**The following are the state standards that we will cover:**

HE.08.PM01.ADV: Advocate for healthy communication skills within relationships.

HE.08.PM01.CC: Explain how to build and maintain healthy family, peer, and dating relationships.

HE.08.PM01.DM: Make decisions that enhance or establish healthy relationships.

HE.08.PM01.IC: Demonstrate effective communication skills that encourage healthy relationships.

HE.08.PM05.CC: Identify how emotions change during adolescence.

HE.08.PS04.ADV: Advocate for the promotion of abstinence as the safest most effective method of protection from STD/HIV, Hepatitis B and C, and pregnancy.

HE.08.PS04.CC: Acknowledge that abstinence is the safest, most effective method of protection from STD/HIV/Hepatitis B and C and pregnancy.

HE.08.PS05.CC: Identify methods of protection including abstinence, disease reduction measures and contraception, from STD/HIV, Hepatitis B and C and pregnancy.

HE.08.PC02.CC: Describe personal health care practices that prevent the spread of communicable disease including HIV/AIDS, STDs and Hepatitis B and C.

HE.08.PC01.CC: Identify the differences between communicable diseases and non-communicable diseases.

HE.08.PC02.ADV: Advocate for personal health practices that prevent the spread of HIV/AIDS and Hepatitis B and C.

HE.08.PC02.SM: Demonstrate personal health care practices that prevent the spread of communicable disease.

HE.08.PS04.INF: Define values and what influences our values, including the media; analyze how our values impact our sexual health-related decisions.

HE.08.PS05.AI: Access appropriate school, home and community resources to meet specific needs for sexual health, including pregnancy and STD/HIV/Hepatitis B and C testing, and contraception.

HE.08.PS06.CC: Identify possible short and long-term consequences of sexual activity, including what it means to be responsible for the results of one's decisions.

HE.08.PS05.DM: Use a decision making model to choose abstinence or effective contraceptives, other safer sex practices.

HE.08.PS06.DM: Use a decision making model to avoid sexual activity that may put you and your partner at personal risk.

HE.08.PS06.IC: Practice effective communication skills to refuse sexual pressures and communicate the consequences of sexual activity, and consent.

HE.08.PS11.CC: Compare and contrast the characteristics of healthy and unhealthy relationships.

HE.08.PS11.SM: Explain the criteria for evaluating the health of a relationship.

HE.08.PS12.CC: Describe a range of ways people express affection within various types of relationships.

HE.08.PS12.IC: Demonstrate effective ways to communicate personal boundaries and show respect for the boundaries of others.

HE.08.PS13.AI: Identify medically-accurate information about STDs, HIV, and Hepatitis B/C.

HE.08.PS13.CC: Define STDs, HIV, Hepatitis B/C and how they are and are not transmitted.