



# Cobra Tales

**Our Goal... Individualized Education for All Learners**

Oct. 12, 2022

## Schedule of Events

**Oct 14** – No Friday School /No Friday Enrichment  
**No before or after childcare**

**Oct 20** – Jog-a-thon

**Oct 26** – School Pictures / 8am to 10:30am.

**Oct 27** – ½ day of school – dismissal TBA

**No after school childcare**

Parent Teacher Conferences by appointment

**Oct 28** – No Friday School / No Friday Enrichment

**No before or after childcare**

Parent Teacher Conferences by appointment

Meal Charges for the Elementary:

Breakfast - \$1.70

Lunch – \$2.80

Milk - .50 cents

Milk is included with a meal however, by itself; it is .50 cents and is not covered by the free and reduced lunch program.

**For questions about meal charges: please contact Cindy Chapman at**

[cindy.chapman@centrallinn.k12.or.us](mailto:cindy.chapman@centrallinn.k12.or.us) or 541-369-2813 ext. 2232.

Parent Teacher Conferences are on Thursday and Friday, Oct 27 & 28 by appointment.

Christmas Fundraiser: Childcare for Date Night or Christmas Shopping. Date and time to be determined. Snacks, games and fun activities for students Kinder through 6<sup>th</sup> grade. Look for more information to come!

Last two Friday School & Friday Enrichment of this first session will be Oct. 21 and Nov 4. A new session of Friday Enrichment will start Dec 2. New sign-ups will be sent home in November.

## **CLES JOG-A-THON – October 20**

Students have their pledge sheets & collection envelopes to track pledges and donations. If a flat amount is pledged, payment may be collected at the time of pledging and kept in the envelope.

All checks should be made out to **CLES PTC**.

**Money is due Thursday, Oct. 27.**

Prizes will be awarded to the Top 10 money earners.

The Jog-A-Thon will be held outside this year at the high school, weather permitting. Students will have approximately 45 minutes to jog or walk. Parents are welcome to come help at the event and cheer the students on. Please reach out to sign-up.

The money raised will go to funding a new playground. Thank you for your support!

For more information, please feel free to call:  
Kori Helget 541-497-3704  
Brandy Gaskey 541-905-3605

There are many opportunities to volunteer here at school coming up: Picture Day, Jog-a-thon and more. Remember if you want to volunteer you must have a completed background check on file with the District Office. You may pick up one up at the either the District Office or the Elementary Office.

*Central Linn School District is an equal opportunity educator and employer. El Distrito Escolar de Central Linn es una empresa educadora de oportunidad igual. Thank you.*

*Si usted tiene preguntas con respect a la informacion de este boletin de noticias (o para conseguir otra informacion en español) hable con Sra. Silvia Alloway 541-369-3419 Ella está aquí despues de la escuela en la tarde.*

**Leisa Keyser is the editor of Cobra Tales; please email her at [Leisa.Keyser@centrallinn.K12.or.us](mailto:Leisa.Keyser@centrallinn.K12.or.us) if you have information to put in the weekly newsletter. Deadline is Monday @ 4pm.**

## Central Linn Rec Center Basketball

Registration will be open for Kinder through 6<sup>th</sup> grade, **Oct 12 - Nov 9, 2022**

\*Early bird registration offers a \$5 discount, during the first week\*

Register Online at [www.clrasports.org](http://www.clrasports.org) Questions? Email: [Basketball@clrasports.org](mailto:Basketball@clrasports.org)

### Lil Dribblers Skills Clinic **Kinder-2nd grade**

Focuses on beginning basketball skills and having fun!

4 Saturdays: 11/5, 11/12, 11/19, 11/26

Time: 9 -10am Location: TBD (Rec Center or CLES)

Registration closes November 2 for this clinic

### Lil' Dribblers **1st - 2nd Graders**

Practices begin the week of November 14, 2022

Games will be:

One weekday per week and Saturdays

Week of November 28-December 17, 2022

### Lil' Dribblers (first and second grade) League Kickoff **November 11, 2022 @ Rec Center**

Open Gym/Guided Drills: 5:30-6:30pm

Coach Meeting: 5:00-5:30pm

Parent Meeting: 5:45-6:15pm

### Hoopers League **3rd - 4th Grades**

Practices begin the week of December 5, 2022

Games will be on Saturdays 01/07/2023 - 03/04/2023

**Skills clinic will be as listed below at the Rec Center**

3rd/4th grade BOYS: Monday, November 28th 5-6pm

3rd/4th grade GIRLS: Monday, November 28th 6-7pm

### Defenders League **5th - 6th Grades**

Practices begin the week of December 5, 2022









Games will be on Saturdays 01/07/2023 - 03/04/2023

**Skills clinics will be as listed below at the Rec Center**

5th/6th grade BOYS: Tuesday, November 29th 5-6pm

5th/6th grade GIRLS: Tuesday, November 29th 6-7pm

## I NEED TO STAY HOME IF...

I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE HEAD LICE	I HAVE AN EYE INFECTION	I HAVE BEEN IN THE HOSPITAL	I HAVE THE FLU
							
TEMPERATURE OF 100.0 F OR HIGHER	WITHIN THE PAST 24 HOURS	WITHIN THE PAST 24 HOURS	BODY RASH WITH ITCHING OR FEVER	ITCHY HEAD, ACTIVE HEAD LICE	REDNESS, ITCHING AND/OR PUS DRAINING FROM EYE	HOSPITAL STAY AND/OR EMERGENCY ROOM VISIT	ACHY BODY, PAIN, TIREDNESS, HEADACHE, DRY COUGH, SORE THROAT, RUNNY NOSE (may have vomiting, diarrhea or fever)

## I am ready to go back to school when I am...

Fever free without the assistance of medication for 24 hours (i.e. Tylenol, Motrin, Advil, etc.)	Free from vomiting for 24 hours	Free from diarrhea for 24 hours	Free from rash, itching, or fever. I have been evaluated by my doctor if needed.	Treated with appropriate lice treatment at home.	Free from drainage and/or have been evaluated by my doctor if needed.	Released by my medical provider to return to school.	Released by a medical provider, symptoms are gone.
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If your child has strep throat or another bacterial infection, he/she should stay home until the antibiotic has been given for at least 24 hours and your health care provider has given your child permission to return to school. We encourage you to seek medical attention when your child is sick and to follow your health care provider's recommendations about returning to school and other activities.